



NOT-FOR-PROFIT ASSOCIATION INC. ABN 16751538719

Dear FSM therapist,

## **MAY 2013 NEWSLETTER**

I'm excited to announce our **2013 Aussie FSM Update weekend** on September the 7<sup>th</sup> and 8<sup>th</sup>. We'll be viewing a selection of the presentations from this year's Advanced & Symposium sessions in Las Vegas – the topics are listed on the Registration form on the next page. And, whilst Dr Carol McMakin won't be with us in Australia this year, she will present 2 sessions on Sunday morning, live from the US via Skype. So come and join in!

Based on feedback from the Brisbane 2011 weekend, I have made it easier for those who will be flying in to attend. The event will be in Sydney, at a hotel that's close to the airport [with a shuttle bus option]. Sessions are scheduled for Saturday afternoon and Sunday morning, so only one night's stay will be needed. Saturday night's dinner will be held at the same venue so we can easily socialize, and the cost is included in the Registration fee. So plan now to attend! Save the date, get your completed Registration forms back to me with a deposit, and then book your flights and accommodation early so as to get the best deal!

The progressive development of Microcurrent-Pain Relief Inc continues. It has been much slower than initially envisaged because of difficulties creating an accurate list of the current FSM therapists without having access to Health World's FSM therapist database. The next steps are:

- 1. Double-checking the accuracy and completeness of the therapist database.
- 2. Creating a 'Find a Therapist" section on our MPR website for the public.
- 3. Creating a "Therapist only" section on the website, accessible by password, with resources such as CustomCare patient instructions, flow charts, etc.

Please help by returning the next page to me after completing all relevant details. Also, please let me know if you are NOT currently in practice, or NOT using FSM.

Whilst in the US this February at the Symposium, I discussed with some other Aussie attendees about promotion of FSM in our country. Health World had reached many in the naturopathic and traditional medicine fields but now its time to get FSM into the hands of sports trainers, massage therapists and physiotherapists. We will have a display booth at the Physiotherapy conference this October, but also plan to develop an approach to those treating sports persons based around the concept of *Fast* Aid – R.I.C.E and FSM together.

A number of you have asked about gaining Continuing Education points for attending the Update. The task of applying to the various organizations such as ATMS, ANTA, & AAMT has become more difficult because they have all tightened their approval process to show a professional front to AHPRA. Each group has their own application form, and the fee to go with it. I may have to select just the top 3 groups that our therapists are registered with and apply only to them. Hence include your qualifications and professional memberships on the feedback form, I'll see what I can do, but it likely won't be done before the Update.

Also included with this page is a Newsletter that was readied for posting late last year but was stalled until this one could be included, for efficiency – mail-outs are very labour and \$\$\$ intensive! From now on the Newsletters will be emailed, then archived on our website.

With warm regards from Diana.

DIRECT ENQUIRIES TO: Diana Cross, Phone: 0409 696 815. RETURN FORM via:

MAIL: Microcurrent Pain Relief, U1 / 6 Umpherston St, Mt Gambier, SA 5290 Or by:

EMAIL: dwcross@southernphone.com.au Or FAX: Attn: D Cross at [08] 8723 1297

YOUR DETAILS: Please complete so we can update our FSM Therapist database.
Tick the boxes if you give consent to that particular information being made publicly available on the new 'FIND A THERAPIST' section of our MPR website.  Note: the site will only list your name, your clinic's name / suburb /state, & clinic phone number.
TITLE:
PROFESSIONAL MEMBERSHIPS: [eg ATMS]:
FSM TRAINING: CORE COURSE in 200 ADVANCED COURSE in 200
EMAIL ADDRESS:
STREET ADDRESS:
PRACTICE NAME:
PRACTICE ADDRESS:
SUBURB:         □         STATE:         □         P/C:         □
PHONE: PRACTICE [ ] MOBILE:
ALICTRALIAN FOR 2042 HDD ATE CERRINAD, 7th / 0th Contour how

## AUSTRALIAN FSM 2013 UPDATE SEMINAR: 7" / 8" September

At the Mercure Hotel Sydney Airport, 20 Levey St, Wolli Creek, Sydney 2205

	SATURDAY	7 <sup>th</sup> September		SUNDAY	8 <sup>th</sup> September
12	Registration		8.30	Welcome back	
12.20	Welcome		8.45	Live via Skype!	
12.30	Session 1	Using multiple machines [Dr Shirley Hartman]		<b>Dr Carol McMakin</b> Session 5:	Update, Q&A / clinical cases
1.30	Session 2	Treating abdominal adhesions [Dr McMakin]		Dr Carol McMakin Session 6:	Complex neuropathic pain
2.30	Break		10.45	Break	
3.00	Session 3	Paediatric uses of FSM – pt 1 [Vanessa Cayle]	11.15	Session 7:	Treating Biotoxin illness [Dr R Billica]
4.30	Session 4	Treating tendinopathy [Diana Cross]	12.15	Session 8:	Paediatric uses of FSM – part 2
5.00	Finish		1.15	Wrap up & farewell	
6.30	Dinner @	Mercure Hotel	1.30	Sandwich Lunch	

5.00	Finish			1.15	Wrap up & farewell							
6.30	Dinner @	Mercure Hotel		1.30	Sandwich Lunch							
REGISTRATION FEE: 2-day seminar: \$120 [No GST included]. YES! I want to attend:												
	<b>PAYMENT:</b> Deposit of \$60 at booking, remainder to be paid by September 1 <sup>st</sup> .											
	By CHEQUE □ or by DIRECT DEBIT □ Sorry, no EFTPOS available.											
	DIRECT DEBIT: Microcurrent Pain Relief Inc. BSB: 035 612 ACC: 272 242											
	CHEQUE: payable to Microcurrent Pain Relief Inc., posted to address overleaf.											
- L	<b></b>	diaman and Octobridate and other				0 1 0		]				

**FOOD:** Fee includes dinner on Saturday night and sandwich lunch on Sunday. Special dietary requirements? .....

**ACCOMMODATION:** Delegates to arrange their own accommodation. The Mercure Sydney Airport Hotel may offer Conference rates but check online earlybird rates.

Go to: www.mercuresydneyairport.com.au Phone: [02] 9518 2000.

**AIRPORT SHUTTLE:** The Sydney Super Shuttle operates every 30 - 40 minutes. See hotel website for details. COST: \$6 each way. BOOKINGS to be made with Hotel.